

CAPTAIN'S REPORT 2023

Welcome all to the end of another great season. It was great to finally return to a full season including being able to travel to some of our regular (non-SIRC based) regattas. It was great to see the club stand proud and be able to achieve a lot in the season. For more information on what has happened in the past season, I recommend checking out the club's website (monthly newsletters with all the race and activity details) and our social media pages.

As another season comes to an end and we can all reflect on the past 12 months of the season, it is great to see it progress and develop each year. It is always great to see new people join our rowing family and enjoy the amazing culture and atmosphere that Nepean Rowing Club has always been very proud of having. I would like to thank those that have supported me and helped me through this past season as captain including, Daniel (our rowing co-ordinator), Tallara (our previous vice-captain), Hugh (our new vice-captain), and the rest of the board of directors. As I move onto my fourth year as captain it is a great honour and privilege to hold this position in the club as this is where my rowing all began. It is amazing to be able to be a part of this for the new generations we have welcomed into the program this last season and the seasons to come.

Recognition for another amazing and successful season must go to Daniel Waddell. His enthusiasm and dedication to this club goes unrivalled and it can be seen in the respect the rowers show him and the results he continues to achieve with them. He always has the club's best interest at heart and developing rowing on every level. Daniel has spent many hours doing his research on top of coaching, writing up programs, and even dabbling in a fair bit of boat maintenance to keep the program running so well. He has shown great progress in his position and was well rewarded with a great group of rowers and another successful season to show for it.

Through the season we saw Tallara Tuckerman step down as Vice-Captain and move on from Nepean Rowing Club. Tallara has been involved in Nepean rowing club since a junior and it has been great to see her stick at it through to the senior age groups and it was great to have her on the board of directors. All her help and assistance in the rowing club have been greatly appreciated and we all wish you the best in your future endeavours Tallara. With that I would like to acknowledge Hugh Harrold for stepping up to become Vice Captain, Hugh has been rowing at the club since juniors and following in his two brother's footsteps as he progresses through the age groups. It is great to see Hugh becoming more involved in the club and I look forward to seeing what he brings to the program in the coming years.

We must also acknowledge our many volunteers, as we know the NRC program thrives on the help and assistance of all in making the club a fun and enjoyable place to be. Without their help and assistance, we could not have grown our numbers or run the many programs that we have been able to this season, so thank you to the rowers that have helped in this past season. The success of this club could not have been achieved without you all.

I would also like to thank all the parents that have helped through this season. It is great to have parents step up to help with the local regattas, helping load and unload the trailer and even just helping kids walk up the hill after a big training session. Every bit helps and even the small things help the coaches out in making everyday activities run smoother. As always there are too many people to mention that help, but a big thank you from me and all the rowers for everyone that has helped this past season.

With another great season all wrapped up it has been great to reflect on the past as we prepare for the next season. It has been great to see our rowers compete with great success at the

Rowing NSW Championships, the Australian Rowing Championships, NSW Masters Championships, and the Australian Masters Championships. Along with all the other club regattas we attended throughout the season.

While our club is quite small in numbers it is great to continually see the teamwork and spirit our rowers carry with them in cheering on and helping everyone. It is great to see these traditions still strong in the club. Good luck to all our rowers in this coming season, as I look forward to many great things to come.

Jason Waddell
Captain