



2020 ROWING TALENT DEVELOPMENT PROGRAM

INTRODUCTION

The Academy is partnering Nepean Rowing Club in an exciting talent identification and development program, searching for our future Olympians. We are seeking young athletes dedicated to sport and ready to commit to a development program - regardless of any lack of experience in rowing.

The Academy-Nepean Rowing Club program will involve an initial six-week assessment period to be conducted by Nepean Rowing Club for those male and female athletes selected from nominations. This period will enable the athlete to confirm their desire and talent to continue participation in the full program, and coaching staff to assess the potential of the athlete to progress to the next level along the pre-elite development pathway.

The Rowing Program will provide opportunities for athletes to receive technical (coaching) support from Nepean Rowing Club's Head Coach, as well as educational knowledge across key topics such as nutrition, banned substances, cyber safety and sports injury management provided by the Academy. Athletes will also receive personal development opportunities including media and corporate partner exposure, be nominated for awards and attend a range of events.

PROGRAM ELIGIBILITY

Athletes nominating must reside within the Academy's geographic catchment including the following local Government areas: Blacktown, Blue Mountains, Cumberland, Fairfield, Hawkesbury, City of Parramatta, Penrith and The Hills Shire.

Male and female athletes aged between 14 and 18 years of age will be eligible to nominate for selection in the program. Nominations will be called for from Friday 25th May requiring athletes to undertake an online registration using the Academy's website.

The Nepean rowing club will hold a six-week assessment period from 22nd June to 26th July.

At the conclusion of the six-week period, coaching staff will advise of those athletes invited to continue in the full program.

BENEFITS

Athletes selected in the Talent Identification and Development Program will receive the following benefits:

- Access to NSWIS rowing equipment;
- An individualized technical program provided by Nepean Rowing Club coaching staff;
- A foundation in the technical and educational knowledge required

to progress to the elite levels of the sport;

- Opportunity to attend Academy events, Nepean Rowing Club competitions, nominate for media and partner awards/scholarships;
- Opportunities to receive benefits from Academy partners including gym membership and professional sports medicine services.

COST

There will be no cost associated with the initial component of the NRC assessment period over the first six weeks. Athletes will be required to commit to attending all scheduled sessions to enable a full assessment.

At the conclusion of the program, athletes offered a scholarship within the Academy Program will be required to pay an Academy levy of \$200 which assists in funding clothing, education and personal development activities.

Athlete will also be required to join the Nepean Rowing Club as a member - the normal membership fee for the Club is \$500 however this will be reduced by the Club and a payment of \$200 for membership will be required.

Any further costs associated with activities that may be organised such as camps-competition or race events will be advised during the program.

IMPORTANT DATES

Nominations open for eligible athletes - 25th May
(Academy website www.wsas.com.au)

Nominations close - 13th June

Assessment period - 22nd June - 26th July

Program induction/information meeting - TBA

Final assessment/decision re scholarship offering - 26th July - 3rd August

***Program will commence once government guidelines on return to sport are finalised**

STAY UP TO DATE



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